

# What to bring to Girls Camp:

## TOILETRIES

sunscreen  
bug repellent  
personal first aid kit  
feminine hygiene  
2 towels (shower & beach)  
put in small bag: toothbrush,  
toothpaste, deodorant, brush,  
shampoo, conditioner, body soap

## CLOTHES FOR 4 DAYS

pants/jeans/capris (below knees)  
t-shirts (no tank tops)  
sweatshirt  
heavy jacket  
warm pajamas  
modest swimsuit  
modest swimsuit cover-up  
flip flops for shower/beach  
sturdy closed-toed shoes  
socks, underwear  
hat, sunglasses



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## IMPORTANT

water bottle (not disposable)  
Paper goods for 10 meals:  
plates, bowls, cups, cutlery  
ROLL OF TOILET PAPER

## OTHER

flashlight + extra batteries  
watch  
large garbage bag  
small backpack for hike  
camping chair (optional)  
bandana  
physical scriptures  
journal/notebook  
pen, pencil

## BEDDING

sleeping bag  
pillow  
extra blanket  
sleeping pad  
or air mattress



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